

## Ghale Gaun Village Home Stay Trek - 6 Days

Ghale Gaun Village Home Stay Trek offers wonderful opportunity to get insights into local Gurung community while contributing to develop and prosper local village tourism. Visit to Gale Gaun, celebrating their way of life, getting insights into their cultures, traditions and lifestyles; Ghale Gaun Village Home Stay Trek also allows us to view magnificent panoramic views of snow capped mountains making it one of the most popular home stay treks in Nepal.

We start our Ghale Gaun Village Home Stay Trek as we drive from Kathmandu to Beshishahar. From Beshishar we straight drive to Ghale Gaun passing though beautiful forested land, landscapes and natural sceneries. Initially after arriving at Ghale Gaun, you will be welcomed by locals with garland and red tika. Then we hike to Ghanapokhara for mesmerizing panoramic views of Annapurna I, Annapurna II, Annapurna South, Buddha Himal, Himalchuli, Mt. Manaslu and other neighboring peaks. During the trek, we will be staying at typical local Gurung houses made by stones and get to know about their local cultures and lifestyles. Cultural dances, songs will also be performed while local Gurung cuisines on offer. You will be treated like their own family in Ghale Gaun.

Join Ghale Gaun Village Home Stay Trek with Icicles Adventure for professional arrangements and services.

## PRICE INCLUDES

- Airport and hotel transfers as per itinerary in private vehicle
- 3 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel: Ramada Encore or similar
- Guided sightseeing in Kathmandu including entrance fees and private vehicle
- Meals (breakfast, lunch and dinner) during the trek
- Best available local house accommodation (twin sharing) during the trek
- Staff– one professional, knowledgeable and friendly English speaking trekking leader along with assistant guide (6 trekkers : 1 assistant guide) and porters (2 trekkers : 1 porter) including their food, accommodation, salary, equipment, transportation, and insurance
- Kathmandu to Beshishahar, and Beshishahar to Kathmandu transfers in private vehicle
- Duffel bag, sleeping bag, and down jacket for use during the trek
- Icicles Adventure T – shirt, trekking map and trip achievement certificate
- First aid medical kit
- TIMS and Annapurna Conservation Area Permit
- All government taxes & office service charge

## PRICE EXCLUDES

- Nepal visa arrangement (more on Nepal Visa Information)
- International airfares
- Excess baggage charges
- Travel and rescue insurance
- Added night/s accommodation in Kathmandu or Pokhara because of early arrival, delayed departure, early return from mountain (due to any cause) than the programmed itinerary
- Lunch and dinner in Kathmandu or Pokhara (and also in the case of early return from mountain than the programmed itinerary)
- All kind of drinks (alcoholic, hot, or cold)
- Personal expenses such as phone calls, bar bills, laundry, battery recharge, bottle or boiled water, hot shower, extra porters, etc)
- Personal equipments and clothing
- Tips for guides and porters (tip is expected)

## ITINERARY IN DETAIL

### Day 1: Arrival in Kathmandu (1,338 m/4,390 ft)

Welcome to Kathmandu. As you land at Kathmandu Airport (Tribhuvan International Airport), finish your custom formalities (visa, etc.) and get to the airport waiting terminal, you will find our representative waiting to greet you. He/she will be holding Icicles Adventure Treks and Tour signboard. You will be then transferred to your respective hotel in our private vehicle. You can either rest in your hotel or shop around Thamel for any gears for your trek. Accommodation: City Hotel.

### Day 2: Kathmandu (1,338 m/4,390 ft): Sightseeing and Trek Preparation

After breakfast we start a guided tour to several medieval and spiritual sites in Kathmandu which are also listed as UNESCO World Heritage Sites including the historic Durbar Square, the sacred Hindu temple of Pashupati Nath, the famous 'Monkey Temple' (Swayambhunath) and Buddhists shrine (BouddhaNath) which is one of the large Stupas in the world. Later after sightseeing program, we will introduce you with your trekking guide and have a small pre-trip meeting. You can also take an opportunity to hire/buy any last minute trekking equipment or bargain for your souvenirs at the many stores. Overnight in hotel. Included Meal: B

### Day 3: Drive from Kathmandu to Beshisahar and then to Ghale Gaun

We will go for an early morning drive from Kathmandu to Beshisahar approximately 6 hours and again drive to Ghale Gaun. Heartily warm welcoming by the typical local peoples. Dinner with typical cultural show, typical local food and overnight at local house

### Day 4: Ghale Gaun exploration

Wake up early in the morning, hike to Ghanapokhara to enjoy sunrise and clear eye appealing enchanting scenery of a green terraces landscape, panoramic view of Annapurna I, Annapurna II, Himalchuli, Bouddha Himal, Mt, Manaslu, Annapurna South and sceneries of nature. In the afternoon, Sightseeing in the village to see a typical houses made by stones and the life style of local peoples. Cultural show in the evening with their own cultural dances and songs, local cuisines and overnight at local home stay.

### Day 5: Drive from Ghale Gaun to Kathmandu

Drive back to Beshisahar and towards Kathmandu. En-route, you will get a opportunity to see Manakamana temple by riding in cable car from Kurintar. And continue to Kathmandu Accommodation: City Hotel

### Day 6: Drop to Airport and Kathmandu departure

Your Ghale Gaun home stay concludes today. Our airport representative will drop you at the international airport in Kathmandu for your departure flight from Nepal. We hope beautiful Nepal, the magnificent Himalayan sceneries, and unique cultural experience you got along your Ghale Gaun village home stay Trek will stay in your memory lifelong and you will go back home with a sense of achievement. Included Meal: Breakfast