

## Simikot Kailash Lhasa Tour - 25 Days

Visit Tibet through our Kailash Lhasa Tour via Simikot and get the most of holy and scared mountains in Tibet along with spectacular landmarks in Lhasa. This enduring yet amazing long Kailash Tour via Simikot starts after a day of sightseeing the world heritage sites in the cultural Kathmandu valley. After taking a flight to Nepalgunj city followed by another short flight to reach Simikot, headquarter of remote district Humla.

Along the journey towards the Lhasa and Holy Kailash Mountain we go through the ancient pilgrimage sites, centuries old monasteries, breath taking scenaries, lakes, glaciers; the scenic magnificent views which makes us spellbound. Mansarovar lake and Kailash mountain both possesses the religious and cultural importance to both Buddhists and Hindus. We will visit the Chiu Monastery on the north-west of the Mansarover Lake with imposing sight of Mt. Kailash on the background. Driving towards the higher altitudes to Tarboche, Dira-puk and Zutul-puk where we will pass through the Drolma pass. After long drive we visit the popular Tashilihunpo Monastery , one of the largest functioning monasteries in Tibet. Our road trip follows the beautiful bank of turquoise lake, the Yamdroktso and continues to arrive at Lhasa. Sightseeing in Lhasa exhibits the famous Potala Palace, Jokhang Temple, Sera Monastery, Drepung, Norbulinka palace and shopping at Barkhor Bazar. Finally we conclude our long simikot kailash lhasa tour by flying back to Kathmandu.

Join our simikot Kailash Lhasa tour through Icicles Adventure Treks and get the most of Tibet tour making your long holiday worth to remember for the long period of time.

## PRICE INCLUDES

- Airport / Hotel / Airport pick up & drop by private car / van / bus.
- Three night's accommodation with breakfast at 3\* category hotel in Kathmandu.
- Chinese visa fee and Lhasa to Kathmandu flight ticket.
- Guided city tour in Kathmandu by private vehicle inclusive of all entrance fees.
- All accommodation during Nepal/Tibet (Hotel/Tented in twin sharing basic).
- All your standard meals (breakfast, lunch and dinner) with hot drinks link tea, coffee, hot chocolate etc.
- A government licensed English speaking guide during the trek.
- All Supporting crew including our own kitchen staff.
- Food, accommodation, salary, insurance, equipment, medicine for all our staff.
- Special permits of Simikot/Humla, Mansarovar and Kailash Kora (Parikrama).
- Tibet Tourism Board (TTB) approved guide.
- Transportation by 4500 Land cruisers (4 people each) and support truck during tour in Tibet.
- Tibet entry permission, Chinese visa, monasteries entry fees.
- All equipments for camping including guest tents, mattress, dinning tent, kitchen tent, kitchen equipments, etc
- Enough Oxygen cylinder entire of tour
- Yaks and Yak-men to carry baggage, food, fuel etc while making Parikrama of Mt. Kailash
- All our government taxes and official expense.

## PRICE EXCLUDES

- lunch and Dinner in Lhasa
- Travel insurance
- Yak / Pony Charges (will cost approximately US\$ 280- US\$ 325 per yak/pony and driver for three days, irrespective of the number of days or hours used).
- Personal expenses like shopping, phone calls, cold drinks, laundry, yak etc.
- Nepal Reentry visa fees.
- Any additional expenses caused by reasons beyond our control such as natural calamities, flight delays, rescheduling or cancellations, accidents etc.
- Tips for staff. (Tips is expected)

## ITINERARY IN DETAIL

### **Day 1: Arrive at Tribhuvan International Airport (TIA) Kathmandu**

You are welcomed by hospitable meeting and then you will be transferred to hotel. Our airport representative will explain briefly the program upon arrival. Overnight at Hotel.

### **Day 2: Trek Preparation and Kathmandu Valley Sightseeing Tour**

Sightseeing of world heritage sites in Kathmandu valley including, Kathmandu Darbar square, Swayambhunath Temple, Boudhanath Stupa & Pasupatinath Temple. Overnight at Hotel. .(Breakfast, Included)

### **Day 3: Fly to Nepalgunj**

Today we take a 90 minute flight to Nepalgunj in the far south-west of Nepal. It is a busy crowded city which lies close to the Indian border. Overnight at Hotel. .(Breakfast, Lunch and Dinner Included)

### **Day 4: Fly to Simikot (2960m) trek to Dhara Pokhari (2300m)**

This morning we fly north for about 50 minutes to Simikot, the headquarters of Nepal's most remote district, Humla. After meeting our crew, we set off on our trek, climbing up from the airstrip on a rocky trail past fields of barley and wheat. We ascend a forested ridge above the town of Simikot, before making a long steep descent past Dandaphoya. The trail is then fairly level, through walnut and apricot trees, until we come to the scattered village of Dharapokhari which is divided by the Yakba Khola. Overnight at Tented Camp.(Breakfast, Lunch and Dinner Included)

### **Day 5: Trek to Salli Khola (2700m)**

Leaving our campsite, we cross a long scree slope and follow the river to a waterfall near the shepherds' camp at Chachera. We then climb over a ridge and bypass the village of Kermi before entering a big valley with walled fields of potato and buckwheat. After walking through a sparse pine forest we descend from the ridge to the Salli Khola and camp by the river. Overnight at Tented Camp.(Breakfast, Lunch and Dinner Included)

### **Day 6: Trek to Muchu (2920m)**

We cross the river and climb over a rocky ridge before descending to the grey waters of the Humla Karnali. After crossing another ridge we come to a sandy meadow where goat herders often camp by the river. Beyond the meadow the valley narrows and we cross several more ridges, passing the villages of Yalbang and Yangar. The trail then winds its way precariously above the river. Overnight at Tented Camp.(Breakfast, Lunch and Dinner Included)

### **Day 7: Rest day**

Today is a rest day which we'll spend in and around Muchu, exploring the village. Overnight at Tented Camp.(Breakfast, Lunch and Dinner Included)

### **Day 8: Trek to Sipsip (4330m)**

We follow the trail over a ridge to the Tumkot Khola and then walk along the rocky stream bed for a short distance before beginning a steep climb through a rock-filled gully. We pass through Palbang and its bright yellow mustard fields to the small settlement of Yari and beyond here the route climbs up the valley towards a pass, the Nara Lagna. We camp below the pass in a meadow known as Sipsip. Overnight at Tented Camp.(Breakfast, Lunch and Dinner

Included)

### **Day 9: Trek to Hilsa (3720m)**

From Sipsip we ascend steeply to a rock cairn marking the top of the Nara Lagna (4580m). Descending from the pass, we have views of the Tibetan Plateau before arriving at the village of Ranipauwa. Beyond here, we slip and slide on a surface of loose pebbles down to the Humla Karnali. Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### **Day 10: Trek to Taklakot (3930m), drive to Manasarovar (4560m)**

Shortly after crossing the Nepal/Tibet border which is marked only by a stone pillar, we meet our transport and drive about 130km, via the large trading centre of Taklakot, to Manasarovar, the most venerated of Tibet's many lakes. Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### **Day 11: At Manasarovar**

Today will be spent at Manasarovar, allowing our bodies time to acclimatize to the altitude and exploring this fascinating place. We will visit the picturesque Chiu Monastery on the north-west shore of the lake with the imposing sight of Mt Kailash in the background. Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### **Day 12: Drive to Tarboche (4750m)**

We drive for about 35 km towards Mt Kailash and Tarboche which is marked by a tall pole adorned with prayer flags. This is the starting point for our Kora, the 53 km trek around the mountain. Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### **Day 13: Trek to Dira-puk (4900m)**

From Tarboche, we walk up the Lha Chu Valley through beautiful green meadows and streams with Mt Kailash towering above us. We follow the river which enters a narrow canyon with high, steep cliffs and spectacular waterfalls. Continuing up the valley, the north face of Kailash comes into view before we reach the ancient monastery at Dira-puk. Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### **Day 14: Trek to Zutul-puk (4790m)**

We now leave the Lha Chu Valley and enter the Drolma Chu Valley, heading up towards a high pass, the Drolma La (5630m). It's a tough climb to the summit which is festooned with prayer flags but from there it is all downhill or flat to Zutul-puk, with views of one of the highest lakes in the world, Thukpe Dzingbu Lake, known as the Lake of Compassion. At Zutul-puk, there is a monastery and several meditation caves and a cave containing an image of Milarepa. Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### **Day 15: Trek to Darchen (4560m)**

On the final day of the Kora we cross several streams, and follow an impressive gorge. Along the way we are once again treated to magnificent views of Kailash. We then enter the Bharka plain and it's about an hour's walk through this desert-like landscape to Darchen. Overnight at Tented Camp

### **Day 16: Drive to Paryang (4750m)**

Today is a long drive, about 300km, along the way, we cross the Mayun-la and make several river crossings. The scenery along this section is one of the most panoramic of the entire journey. Overnight at Tented Camp

### **Day 17: Drive to Saga (4600m)**

We continue driving today along a 255km stretch of road to Saga, passing through the small, dusty town of Zhongba en route. Overnight at Tented Camp.(Breakfast, Lunch and Dinner Included)

### **Day 18: Drive to Shigatse (3900m)**

Today is the longest drive of our journey, 452km to Shigatse. Leaving Saga, we pass the turn-off for the northern route and skirt around a lake, passing through a series of valleys. Approaching Kaga, we'll come across the first trees and agricultural fields that we've seen for many days and the town itself is situated next to a picturesque lake. We continue on to Lhatse where we join the paved Friendship Highway and follow it for the final 150km to Shigatse, the second largest city in Tibet. Overnight at Hotel.

### **Day 19: Sightseeing & drive to Gyantse (3950m)**

This morning in Shigatse we have time to visit the Tashilhunpo Monastery, one of the largest functioning monasteries in Tibet, before driving 90km to Gyantse. Once in Gyantse, we can explore the Pelkor Chode Monastery and the Gyantse Kumbum. The Kumbum is a large gold-domed stupa and its many chapels house an impressive array of Tibetan Buddhist murals. Overnight at Hotel.

### **Day 20: Sightseeing & drive to Lhasa (3650m)**

A spectacular 261km drive today will take us over the Karo La (5045m), where we are treated to the awesome sight of a huge glacier tumbling down to within a few hundred metres of the road. Beyond the small, developing town of Nagartse, the road follows the bank of a beautiful turquoise lake, the Yamdrok-tso, for about 20km. We then cross the Khamba La (4794m) and continue on to Lhasa. Overnight at Hotel.

### **Day 21: Lhasa sightseeing tour**

These days you will be engrossed with sightseeing and excursions of the Potala Palace, Jokhang Temple, Sera Monastery, Drepung, Norbulingka, Barkhor Square. Overnight at Hotel.

(Note: Only a limited number of visitors are allowed to Potala Palace every day. So the order of sightseeing places to be visited will be decided by your guide.)

### **Day 22:**

### **Day 23: Depart from Lhasa**

You shall be driven to Gonggar airport in time to catch your flight to Kathmandu. Overnight at Hotel.

### **Day 24: Free day in Kathmandu. Overnight at Hotel.(Breakfast, Included)**

### **Day 25: Our airport representative will drop you to airport for your home departure**

"Farewell"(Breakfast, Included)